



## Organic Caffeinated Teas

### *Jasmine Green*

A fabulous “all purpose” tea made from freshly picked green tea leaves semi-fermented within fresh Jasmine flowers to impart a distinct floral aroma and flavor. A fragrant and euphoric fair trade tea that can be enjoyed any time of the day.

**\$4/ cup and \$6/oz**

### *Japanese Green Sencha*

This organic green sencha leaf tea from Japan is a delicate, stimulating beverage made from the season’s fresh harvest of the first young leaves. These handpicked tea leaves from the high mountaintops of Japan are immediately steamed to retain their peak flavor and vibrant, brilliant, green color.

**\$6/cup and \$11/oz**

### *Matcha*

Matcha tea is a deeply alluring beverage containing rich historic roots within Japanese tea drinking ceremonies. Matcha, which literally means “finely powdered tea,” is made from young green tea leaves and is strictly harvested from certified organic plantations. With a bold color and mildly sweet flavor, we are sure that most will find this tea to be purely delectable.

**\$6/cup and \$11/oz**

### *White Silver Needle Tea*

This exceptional tea is one of the rarest and finest organic teas available in the world. It is only harvested for 2-3 days each spring in China’s Fujian province, and consequently only a very limited supply is available. Silver Needle tea is handpicked from the first unopened leaf buds, and are immediately dried, allowing for a minimal amount of processing

**\$6/cup \$11/oz**

### *Mango Ceylon*

A delightfully zesty Ceylon blend from Sri Lanka. This fruity classic has essence of Mango and Marigold petals added to it, which complements the fine, fermented Ceylon leaves. For those of us who sometimes prefer a flavored tea, this makes a perfect cup that is pure rapture to the taste buds.

**\$4/cup and \$6/oz**



## Oolong

A succulent tea especially palatable for those that do not enjoy the sharpness typical of green teas. Oolong tea is unique because of its partial fermentation which produces a diverse arrangement of both off-green and black leaves. This tea is beautiful, tasty, full bodied, healthy and with a mildly smooth aftertaste.

**\$3/cup and \$4/oz**

## classic chai

A warm, piquant, and delightful Classic Chai. A great alternative for those who wish to avoid large amounts of caffeine, sugar, and dairy products, which are commonly found in commercial Chai products. An exotic beverage that is sure to tickle your taste buds! Contains: organic Ginger root, organic Cinnamon bark, organic Darjeeling Tea, organic Cardamom, organic Cloves, organic Nutmeg, and organic Vanilla bean. Contains Caffeine.

**\$4/cup and \$6/oz**

## Organic Red Teas

### Honeybush

A super fruity delight that is naturally sweet and almost unbelievable! This magnificent tea imported from the Cape of Good Hope has a smooth and fruitful body that reminds us of those tangy tea blends currently on the market. However it should be pointed out that this is completely free of flavoring agents and other ingredients.

**\$2/cup and \$4/oz**

### Green Rooibos

The attribute that makes this tea an unusual variety when compared to Red Rooibos tea, is that it is completely unfermented, it contains a slightly herbal aftertaste, and brews light in color which makes it a perfect companion to those that feel regular Rooibos is too sweet. This tea is considerably higher in anti-oxidants, trace minerals, and nutrients, when compared to traditional Rooibos, which helps to explain its explosive popularity with those of us who are health conscious.

**\$2/cup and \$4/oz**

### Vanilla Rooibos

An exquisite certified organic and fair trade certified red tea from the highest mountain peaks of South Africa. Rooibos is an ultra fine, delicate tea and once brewed it produces a hearty red color with a warm scent. This lusciously flavored tea contains all of the benefits of regular Rooibos but with a rich and delightful organic Vanilla flavor and Vanilla beans.

**\$4/cup and \$6/oz**



## Organic Herbal Blends

### *Zen Mystery*

A mysterious and grounding combination of Tulsi (Holy Basil), Green Rooibos and Mint. Holy Basil has been revered for its medicinal value throughout India for thousands of years. Green Rooibos tea is considerably higher in anti-oxidants, trace minerals, and nutrients, when compared to traditional Rooibos

**\$4/cup and \$6/oz**

### *Love Tea*

The inspiration for many poets, artists and dreamers, it has even been said that love is all you need. The florally sweet flavor of this herbal blend will arouse your senses and melt away your cares- allowing your heart to become immersed in all that it holds dear.

**\$4/cup and \$6/oz**

### *Tulsi (Holy Basil)*

Holy Basil has been revered for its medicinal value throughout India for thousands of years. Ayurvedic texts describe Holy Basil as a pillar of holistic herbal medicine and a goddess incarnated in plant form (the mother medicine of nature).

**\$2/cup and \$3/oz**

### *Mint*

Delightful, refreshing, and invigorating are a few words that come to mind after savoring this tea. This blended infusion of mints specifically from the Pacific Northwest, gives this tea just the right harmony. Simple and minty, enjoy a cup with lemon and honey, or brew as a sun tea. Contains: organic Peppermint, organic Spearmint, and organic Peppermint flavoring.

**\$3/cup and \$4/oz**

### *Peace*

This is a gentle and calming nervine blend; a chance for reflection while providing an opportunity to imagine a peaceful world. This is a wonderful infusion for meditation and quiet moments. Contains: organic Chamomile flowers, organic Spearmint, organic Lavender flowers, organic Cinnamon bark, organic Passionflower, and organic Rose petals.

**\$4/cup and \$6/oz**



## *5th Chakra*

A warm and soothing decoction blend designed to improve communication all year round. Dry or scratchy sore throats are no match for this combination of roots and spices. Contains: organic Licorice root, organic Marshmallow root, organic Echinacea purpurea root, organic Orange peel, organic Cinnamon bark, organic Ginger root, organic Fennel seed, and organic Cloves.

**\$4/cup and \$6/oz**

## *Herbal Coffee*

Enjoy this deep and invigorating coffee alternative. This shockingly good brew has a remarkable similarity to coffee thus making it the ideal alternative to coffee drinkers who are attempting to limit their intake of this highly caffeinated beverage. Contains: organic roasted Dandelion root, organic roasted Chicory root, organic roasted Carob, and organic Maca powder.

**\$4/cup and \$6/oz**

## *Moon Ease*

An indispensable and satisfying infusion blend designed to ease women through that time of the month. Warming, comforting, and effective; this soothing blend with a hint of mint is sure to bring a smile to your face on the most uncomfortable day. Contains: organic Spearmint leaf, organic Cramp Bark, organic Vitex berries, organic Skullcap, organic Marshmallow root, organic Passionflower herb, and organic Ginger root.

**\$4/cup and \$6/oz**

## *Dawn Chorus*

Gentle, yet full of heart and substance, this delicately balanced tea is a perfect way to start the day, and offers just the right amount of pick-me-up during times of afternoon lethargy. This mildly sweet and lightly fragrant nettle based infusion is a superb alternative to the caffeine kick found in green and black teas. Contains:

Organic Nettle leaf, organic and fair trade Green Rooibos Tea, and organic Rose Petals.

**\$4/cup and \$6/oz**